

Meeting	Community Development Committee
Date	7 th February 2023
Report Title	Memory Cafe
Agenda Reference	6
Author	Jo Newman Memory Café Co Ordinator

Memory Café Co Ordinator's Recommendations.

1. To note the contents of the report.
2. To note the current capacity of the Memory Café is 25 users (inclusive of carers) but this will increase to 50 users (inclusive of carers) upon the move to the Haydon Wick Bowls Club.
3. To consider the suggestion of taking a group of attendees swimming at the hydrotherapy pool.

Background/ Project Update

The Memory Café started off the new year with a quiz session, this was greatly received and started off lots of conversations.

On the 25th of January we have Wilts Rural Music visiting us again, Daisy played the organ and sang beautifully, this is fantastic for interaction and brain stimulation.

Move to the Bowls Club

The first Memory Café at the bowls club will be held on Wednesday 22nd February 2023. The larger location will mean that numbers can potentially increase, and different activities that require more space could be arranged. We had a dry run at the Bowls club on January the 26th, this was a good exercise on setting up, and if we needed to put any last minute procedures in place.

In the current setting at the Council Offices we can comfortably accommodate up to 25 users (inclusive of the carers) but at the Haydon Wick Bowls Club we will be able to comfortably accommodate up to 50 users (inclusive of the carers).

Swimming at the Hydrotherapy Centre

The Memory Café Co Ordinator has been researching the possibility of taking Memory Café attendees swimming and providing gentle exercise in the water at the Hydrotherapy Pool. This activity will be free of charge, in partnership with Orchid Care Home. The Memory Café Co Ordinator is planning to visit the hydrotherapy pool on Thursday 9th February with staff from Orchid Care Home, which will inform the Risk Assessment for this activity.

Members are asked to consider this suggestion and offer guidance or clarity that they wish to be reviewed during the research stages. A firm proposal will come to the Community Development Committee in February and will be a recommendation for Full Council to consider.



Working Towards

- First café at the Bowls club - 22nd February 2023.
- Recruiting and training new volunteers as the Memory Café expands and relocates to the Bowls Club.
- Planning to create a sensory Memory Café Garden at Goodearl allotments.
- Planning a Tea Dance event for the summer.
- Organising reading sessions with Meadow Pre-School.
- Pottery introduction sessions, also scope for a trip for the full pottery /glazing experience.
- Trips out using the Community Bus.
- Group Memory Café walks.
- New style Singing for the Brain.
- Swindon Town Football in the Community interactive talk with Don Rogers and John Trollope
- Working towards having some reserve volunteers in place.
- Meeting with SBC's Digital Inclusion Officer to support with accessing technology for those isolated in the Parish.
- Cheese tasting session in conjunction with Brinkworth Dairy
- A variety of new crafts throughout the year.
- Organising reading sessions with the pre-school and the Memory Café
- New style singing for the brain.

