

Meeting	Community Development Committee
Date	4 th April 2023
Report Title	Memory Cafe Report
Agenda Reference	6
Author	Jo Newman, Memory Café Co Ordinator

Officer's Recommendations:

1. To note the report.

Background/ Project Update

The Memory Café has been really well received at the Haydon Wick Bowls Club, the residents and their companions love the space and the view of the beautifully kept bowls green.

The Memory Café allotment project has started over at Goodearl allotments, the Parks and Projects Team is working alongside the Memory Café Co Ordinator to provide a sensory garden. This will be for the residents and their companions to come and sit, meet with others and potter around the raised beds and to make it their own safe place, hopefully triggering positive memories.

Evaluation

On 8th March the Memory Café had another Singing for the Brain session with Homeinstead. This session encourages interaction between the residents, and the room was full of singing and laughing.

Wednesday 22nd March we had the first of two pottery sessions, and a choice of pottery cutters and tools to enable everyone to make what they wanted. This was a really relaxing session, the residents really threw themselves into making pots, bowls and snails. In the next session all the pottery will be painted and glazed.

This Memory Café session attracted 40 attendees, which was absolutely fantastic.

At the Annual Parish Meeting on 28th March the Memory Café was excited to be presented with an award. The Memory Café Co Ordinator and volunteers have been voted the Haydon Wick Heroes Community Group of the Year.

This is fantastic for the Memory Café Co Ordinator and the three regular volunteers.



Memory Café Memories

