

Meeting	Community Development Committee
Date	7 th March 2023
Report Title	Memory Café
Agenda Reference	6
Author	Jo Newman Memory Café Co Ordinator

Memory Café Co Ordinator's Recommendations.

1. To note report.

Background/ Project Update

On the 8th of February the Swindon Society made its first visit to the Memory Café and spent an hour talking and showing slides of some of the historical sites in Swindon. This was enjoyed by everyone, it generated conversations and triggered happy memories. None of the attendees wanted the session to end.

Wednesday 22nd February 2023 saw the Memory Cafe move across to Haydon Wick Bowls Club. Everything went smoothly and all the residents and carers felt at home straight away. There were positive comments about how bright and airy the room felt and the scenery overlooking the bowls green. Attendees enjoyed a game of bingo which was followed by seated exercise with Lin Jefferies.

Working Towards

- Friday 3rd March 2023 - Fish and Chips Friday. Refreshments will be donated by Asda, and Dave Smith will be providing the musical entertainment.
- Friday 18th August 2023 has been identified as a date for the Summer Tea Dance. This will be a new type of event for the Memory Café and allow for extra members of the community to attend. The Memory Café Co Ordinator is actively planning the event and will report back to a future meeting.
- Following confirmation to proceed with the research stages of holding Memory Café swimming sessions at the Thamesdown Hydrotherapy Pool, this is being progressed with a view to taking it to Full Council at the end of March.
- Half an allotment plot at Goodearl has been reserved for the Memory Café to work on and plant a sensory garden later this year. This project will benefit those with an interest in gardening. The project will enable the Memory Café residents to bring their own ideas to the design, stimulate memories, the opportunity to enjoy give fresh air and gentle exercise. It's hoped that the area will give people a safe outdoor space to enjoy.
- In March, the Memory Café will be taking part in some pottery workshops. The first one will be to create a small pot, and the second will be to decorate the glazed pieces.



Memories in pictures from the Memory Café

