

From:

Sent: 18 June 2025 11:50

To: Georgina Morgan-Denn <clerk@haydonwick.gov.uk>

Cc:

Subject: ExternalSeven fields Nature Reserve volunteering

Dear Sir or Madam,

We are writing to introduce our new Wiltshire Wildlife Trust Swindon Adult WellBeing Programme and to see if you would like to be involved in the programme extension after the initial 12 weeks, which begins on 1st July 2025.

Since its launch in 2016, the Swindon Wellbeing Programme has delivered nature-based activities to support mental and emotional wellbeing for those living and/or accessing services in Swindon and has been very successful. For example, in the last year 96% of participants improved or maintained their wellbeing.

The new programme will continue to focus on supporting people through regular time in nature, connecting participants to the natural world and each other and allowing them to gain skills in practical conservation and tool use, whilst developing tools for managing their mental health.

The extension to the programme is to help people connect meaningfully with their local communities and green spaces so they can continue to engage with nature, keep learning and be active locally through volunteering. We are currently making connections across Swindon with local organisations and charities to build a clear picture of what's available and how we can work together.

We're reaching out to you initially because Seven Fields Nature Reserve has been recommended as a perfect opportunity for this development.

We are able to offer Mental First Aid training for volunteer leaders or volunteers who might benefit from additional support skills as well as bespoke 'buddy' training for existing volunteers.

We'd love to arrange a time for them to speak with you or someone from your team. Please let us know if you'd be happy to meet.

Kind Regards,

WellBeing Project Officer

Wiltshire Wildlife Trust

Email:

Phone:

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